32. Meekness vs. Anger
Yielding your personal rights and expectations with a desire to serve. "But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you." (Matthew 5:44)

As a response to anger (Proverbs 15:18)
Jesus washes the disciples’ feet, including Judas (Matthew 13:35)

33. Obedience vs. Willfulness
Quickly and cheerfully carrying out the direction of those who are responsible for me. "They who rule over you, and be submissive, for they watch for your souls, as those who must give account. Let them do so with joy and not with grief, for that would be unprofitable for you." (2 Thessalonians 3:13)

34. Orderliness vs. Disorganization
Arranging myself and my surroundings to achieve the greatest efficiency.

35. Patience vs. Restlessness
Accepting a difficult situation without giving a deadline to remove it. "Be patient receive the joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing." (James 1:2-4)

The patience of Job (Job 1:2)
The disciples wait at Pentecost (Acts 1)

36. Persuasiveness vs. Contentionfulness
Guiding vital truths around another’s mental roadblocks.
"Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one." (Colossians 4:6)

Esther appeals to the king (Esther 5-8)
Paul testifies in Athens (Acts 17:16-18)

37. Punctuality vs. Tardiness
Showing how much for other people and their time.

38. Resourcefulness vs. Wastefulness
Use wise of that which others would normally overlook or discard: "He said Lord unto him, Well done, thou good and faithful servant; thou hast been faithful over a few things, I will make thee ruler over many things. Enter thou into the joy of thy Lord." (Matthew 25:23)

David’s resources for righting Goliat (1 Samuel 17)
Jesus turns water into wine (John 2:1-12)

39. Responsibility vs. Unreliability
Knowing and doing what is expected of me.

"Therefore, to him who knows to do good and does not do it, to him it is sin." (James 4:17)

Abraham’s servant finds a wife for Isaac (Genesis 24)
The parable of the talents (Matthew 25:14-30)

40. Vanity vs. Anxiety
Structuring my life around which cannot be destroyed or taken away.

"You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. Trust in the LORD forever, for in YHWH, the life of my soul is hid." (Isaiah 26:3-4)
The potter and the clay (Jeremiah 18:1-11)
Trust in God, not riches (Luke 12:24-34)

41. Self-control vs. Self-indulgence
Discipline to the initial promptings of God’s Spirit.

"He who is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city." (Proverbs 16:32)

David spares Saul (1 Samuel 24:26)

42. Sensitivity vs. Callousness
Using my senses to perceive the true attitudes and emotions of others.

"Rejoice with those who rejoice, and weep with those who weep." (Romans 12:15)

My brethren, cannot all my joy when you fall into various trials, knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing." (James 1:2-4)

The patience of Job (Job 1:2)
The disciples wait at Pentecost (Acts 1)

43. Sincerity vs. Hypocrisy
Expressing to do what is right with transparent motives.

"Since you have purified your souls in obeying the truth through the Spirit to sincere love of the brethren, love one another fervently with a pure heart." (1 Peter 1:2)

Joseph’s reform (2 Kings 22:1-23:30)
Mary anoints Jesus (John 12:1-8)

44. Thoroughness vs. Incompleteness
Knowing what factors will diminish the effectiveness of my work or words if neglected.

"For which of you intending to build a tower, does not set down first and count the cost, whether he has enough to finish it." (Luke 14:28)

The details of the Passover (Exodus 12:31-30)
The wise and foolish builders (Matthew 7:24-29)

46. Thirstiness vs. Envanagement
Letting myself and others spend only what is necessary.

"Therefore if you have not been faithful in the unprofitable mammon, who will commit to your trust the true riches?" (Luke 16:11)

Joseph manages Egypt’s resources during famine (Genesis 41:44-57)
Collection for the Jerusalem saints (1 Corinthians 16:1-4)
2 Corinthians 9

47. Tolerance vs. Prejudice
Acceptance of others as unique expressions of specific character qualities in varying degrees of maturity.

"And each was some of your; yet ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God." (1 Corinthians 6:11)
David tolerates Shimei (2 Samuel 16:5-14)
The sinful woman is forgiven (Luke 7:36-50)

48. Virtue vs. Vileness
The moral excellence evident in my life as I consistently do what is right.

Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is anything virtuous or if there is anything praiseworthy I meditate on these things." (Philippians 4:8)
Daniel in the lion’s den (Daniel 6:1-28)
The stoning of Stephen (Acts 6:8-7:60)

49. Wisdom vs. Natural Inclinations
Seeing and responding to life situations from a perspective that transcends my current circumstances.

"The fear of the LORD is the beginning of wisdom, and the knowledge of the Holy One is understanding." (Proverbs 9:10)
The Queen of Sheba interviews Solomon (1 Kings 10)
Gamaliel’s advice (Acts 5:33-39)
1. Alertness vs. Carelessness
Being aware of what is taking place around me so I can have the right responses. “Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.” (Matthew 26:41)

2. Alertness vs. Uncareness
Showing the worth of a person by giving undivided attention to his or her needs. “Therefore we must give more earnest heed to the things we have heard, lest we Israel hear their voice” (Hebrews 4:13).

3. Availability vs. Self-centeredness
Making my own schedule and priorities secondary to the wishes of those I serve. “Also I heard the voice of the Lord, saying, ‘Whom shall I send, and who will go for us?’ Then said He, ‘Here am I! Send me.’” (Isaiah 6:8)

4. Benevolence vs. Selfishness
Giving to others’ basic needs without having as my personal motive reward. “But whoever has this world’s goods, and sees his brother in need, and shuts up his heart from him, how does God’s love abide in him?” (1 John 3:17)

5. BOLDNESS vs. Fearlessness
Confidence that what I have to say or do is true, right, and just. “Now when they saw the boldness of Peter and John, and perceived that they were unlearned and ignorant men, they marvelled; and they understood that they had been with Jesus.” (Acts 4:13)

6. Carefulness vs. Rashness
Knowing how important right timing is in accomplishing right actions. “And if I go and prepare a place for you, I will come again and receive you to myself, that where I am there ye may be also.” (John 14:3)

7. Decision vs. Procrastination
Discerning the ability to recognize key factors and face difficult decisions. “The integrity of the upright will guide them, but the perverted of their course shall destroy them.” (Proverbs 11:37)

8. Devotion vs. Resistance
Jesus exudes mockery, beatings, crucifixion, separation from the Father, and death. (Mark 15:15)

9. Creativity vs. Underachievement
Achieving a task, an idea from a new perspective, “Commit thy works unto the Lord, and thy thoughts shall be established.” (Proverbs 16:3)

10. Decisiveness vs. Procrastination
The ability to recognize key factors and face difficult decisions. “The integrity of the upright will guide them, but the perverted of their course shall destroy them.” (Proverbs 11:37)

11. Dependability vs. Inconsistency
Fulfilling what I consented to do even if it means unexpected sacrifice. “A confident man is more helpful than a king: he that is a good man is more precious than silver.” (Proverbs 22:29)

12. Diligence vs. Slothfulness
Involves a man mind to complete the task assigned to me. “Do you see a man who excels in his work? He will stand before kings; he will not stand before unknown men.” (Proverbs 22:29)

13. Discernment vs. Judgment
Understanding the deeper reasons why things happen. “Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.” (Proverbs 3:5-6)

14. Discouragement vs. Encouragement
Knowing what to do in difficult situations. “And in all your ways acknowledge Him, and He shall direct your paths.” (Proverbs 3:6)

15. Discretion vs. Impudence
Understanding the deeper reasons why things happen. “Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.” (Proverbs 3:5-6)

16. Discretion vs. Simplicity
The ability to avoid words, actions, and attitudes which could result in undesirable consequences. “Do not enter the path of the wicked, and do not walk in the way of evil. Avoid it, do not travel on it, turn away from it and pass away.” (Proverbs 4:15)

17. Endurance vs. Discouragement
The strength to withstand suffering and do my best. “Therefore were all the enrolled army surrounded by so great a cloud of witnesses, as to lay aside every weight, and that sin which so easily ensnares us, and let us run with endurance the race that is set before us.” (Hebrews 12:1)

18. Enthusiasm vs. Apathy
Expressing joy in each task as I give my best effort. “As for the Lord your God, He is God of gods; there is none like Him, great in power, judging righteously; and who loves mercy and kindness, even on Israel.” (Deuteronomy 10:18)

19. Faith vs. Preoccupation
Confidence that actions rooted in good character will yield the best outcome, even when I cannot see how. “Do not be deceived, God is not mocked; for whatever a man sows, that shall he also reap. For he who sows to his flesh shall of the flesh reap corruption, but he who sows to the Spirit shall of the Spirit reap everlasting life.” (Galatians 6:7-8)

20. Gentleness vs. Restlessness
Willingness to change plans or ideas without getting upset. “A man’s heart plans his ways, but the Lord directs his steps.” (Proverbs 16:9)

21. Forgiveness vs. Rejection
Clearing the record of those who have wronged me and not holding a grudge. “And if he be one to another, tenderhearted, forgiving one another, as God for Christ forgave you.” (Ephesians 4:32)

22. Generosity vs. Stinginess
Managing my resources so I can freely give to those in need. “The good man out of his abundance shall lend to his neighbor; and to his grace full man he will give of his own.” (Proverbs 11:25)

23. Gentleness vs. Hardness
Showing consideration and personal concern for others. “A soft answer turns away wrath, but a harsh word stirs up anger.” (Proverbs 15:1)

24. Gratefulness vs. Unthankfulness
Letting others know by my words and actions how they have benefited my life, even to give thanks; for this is the will of God in Christ Jesus for you.” (1 Thessalonians 5:18)

25. Honor vs. Disrespect
Recognizing others because of the higher authorities they represent. “Remind them to be subject to rulers and authorities, to obey, to be ready for every good work, to speak evil of no man, to be peaceable, gentle, showing all humility to all men.” (Titus 3:1-2)

26. Hospitality vs. Loneliness
Cheerfully sharing food, shelter, and friendship with others. “Do not forget to entertain strangers, for thereby some have entertained angels unawares.” (Hebrews 13:2)

27. Humility vs. Arrogance
Adequately acknowledging achievement results from the investments of others in my life. “Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for God resists the proud, but gives grace to the humble.” (1 Peter 5:5)

28. Initiative vs. Indolence
Recognizing and doing what needs to be done before I am asked to do it. “Let your labor be profitable, but idle chatter leads only to poverty.” (Proverbs 14:23)

29. Joyfulness vs. Self-Pity
Maintaining a good attitude, even when faced with unpleasant conditions. “Rejoice in the Lord always. Again I will say, Rejoice!” (Philippians 4:4)

30. Justice vs. Corruption
Taking personal responsibility to watch what is pure, right, and true. “But the fruit of the soul is like the shining sun, that shines ever more.”